



# BACK ON TRAC

## WHAT IS IT?

It is a unique system that provides a wide range of treatment options to aid in the relief of chronic back pain. It gently stretches the spine, joints, and muscles in the back, neck, hips and thighs.

- ✓ PATIENT FRIENDLY
- ✓ NO CUMBERSOME RESTRAINTS OR BELTS
- ✓ SAFE AND EFFECTIVE STRETCHING
- ✓ THERAPEUTIC EXERCISE

### WHAT IT FEATURES:

- 01 21 TREATMENT OPTIONS
- 02 VIBRATION THERAPY
- 03 SPINAL DECOMPRESSION
- 04 HANDICAP ACCESSIBLE
- 05 LATERAL FLEXION
- 06 BILATERAL FLEXION
- 07 STARTS IN SEATED POSITION

### BENEFITS PEOPLE SUFFERING FROM:

Low back pain	Failed lumbar surgical syndrome
Facet syndrome	Spinal stenosis
Herniated disc	Degenerative disc disease
Extruded disc	Neuromuscular reeducation
Lumbar sprain strain	Pain management
Sciatica	Pain reduction
Spondylosis	Pain elimination
Spondylothesis	Multimodal sensory stimulation